

Autumn 2020

Topic	Date	Time	Venue	Course Leader	Price	Booking Link
Social Distance Guidance – PE How do you teach socially distanced PE? Are you aware of the latest guidance on the teaching of PE and School Sport in your school? This seminar will provide you with up to date guidance on what you can and cannot teach, top tips on teaching socially distanced PE and how to manage the delivery of after school clubs and competition	Wednesday 23 rd September 2020	4.00pm to 5.00pm	On Line CLICK HERE for meeting link	Michelle Roberts	Free	CLICK HERE
PE curriculum provision mapping and the delivery of high quality PE - Does your school have an up to date PE provision map? How do you plan for high quality PE and challenge more able pupils and cater for SEND. This workshop will explore what high quality PE looks like, how you plan a provision map which meets current Ofsted guidance. You will also be able to take part in a practical session which looks at strategies to help you challenge your most able pupils. We will also provide you with ideas on catering for SEND pupils.	Friday 2 nd October 2020	1.30pm To 4.30pm	Callington Cricket Club PL17 7BE	Michelle Roberts and Alex Robinson	Free for members £50 for additional member places and non-members	CLICK HERE
PE Subject Leaders Course – Remaining 2 days postponed from 2019-2020. These days are the only available for delegates that have completed the first two days of the Subject Leaders course in 2019-2020	Tuesday 6 th October 2020 and Wednesday 14 th October 2020	9.00am to 4.00pm	Trethorne Leisure Centre PL15 8QE	Jen Nash Michelle Roberts		

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Yoga Course - The training covers why yoga, play and mindfulness is a proven way to help children with their mental and physical health. It is also experiential, offering you the time to practice and learn the techniques for yourself. So you too receive the benefits of yoga, play and mindfulness. Reducing stress for everybody – creating healthy happy classrooms	Tuesday 20 th October 2020	Village Hall Coads Green Primary School PL15 7LY	1.30pm to 4.30pm	Rachel Savage River Bear Yoga	£115 per person includes resources	CLICK HERE
Swim England Swimming - National curriculum swimming training for primary school teachers. This is a 2 day training programme, covering: fundamentals of school swimming and aquatic skills of school swimming. Once qualified the holder will be able to plan and deliver schools swimming sessions without supervision. Training sessions will be a combination of theory and practical sessions. Assessment is ongoing by the course tutor.	Thursday 8 th and Wednesday 14 th October 2020	Liskeard Leisure Centre PL14 3HZ	9.30am to 3.30pm	Kate Woolven, F.A.S.T	£150 members & £250 non-members	CLICK HERE
Wild Tribe – This is a 2 day accredited outdoor learning course which has been recognised by Ofsted at Holsworthy Primary school. It is aimed at teachers and HLTAs. The course will support you in setting up an outdoor learning classroom, provide practical and theory sessions on Health and &Safety and how to link outdoor learning in a range of curriculum subjects, teach you art of fire lighting, shelter building use of tools and cooking in the outdoors with children.	Tuesday 3 rd and Wednesday 4 th November 2020	STERTS Upton Cross PL14 5AZ	9.00am to 3.30pm	Michelle Roberts & Jenny Nash	£250 for members £350 for non-members	CLICK HERE
	Wednesday 11 th and Thursday 12 th November 2020	Trememheere Sculpture Gardens Penzance TR20 8YL		Michelle Roberts & Debs Lambert		

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County PE and SS Conference - The biggest CPD event on the Arena calendar, featuring various workshops. This year focus is 'How PE and SS Improve the Resilience of Young People'	Friday 5 th November 2020	8.00am to 4.30pm	Callywith College, Bodmin PL31 2GT	Various	Free for members £50 for network members and additional member places £120 for non-members	To Follow
Subject Leaders Course - This four day course looks at leading and managing improvement in Primary PE. This course is appropriate for colleagues who have a leadership role for PE within a primary school setting. The course will also develop the leaders' subject knowledge in pedagogy in primary school Physical Education, planning for continuity and progression and assessment.	Tuesday 10th November 2020 Wednesday 27 th January 2021 Wednesday 24th March 2021 Thursday 29 th April 2021	9.00am to 4.00pm	Trethorne Leisure Centre PL15 8QE	Jen Nash Michelle Roberts	£425 for members £550 non-members	CLICK HERE
Gymnastics – A practical course that covers progressive gymnastic skills both on the floor and apparatus. It explores ways of using apparatus in curriculum lessons, how to build up sequences and how to assess using the Arena SOW. It is suitable for teachers and teaching assistants working with EYFS to year 6	Tuesday 17 th November 2020	1.30pm to 3.30pm	Village Hall Coads Green Primary School PL15 7LY	Jen Nash	Free for members £50 for additional member places and non-members	CLICK HERE

Spring Term 2021

Topic	Date	Time	Venue	Course Leader	Price	Booking Link
Wild Tribe Subject Leaders Course - This course looks at leading and managing improvement in Primary Outdoor Learning and is appropriate for colleagues who have a leadership role for Outdoor Learning within a primary school setting. The course will also support Outdoor Subject Leaders to: <ul style="list-style-type: none"> • Lead teaching and learning of outdoors • Implement the National Curriculum • Understand how to develop an interactive site • Make judgements about pupils' achievement in outdoor learning to meet Ofsted expectations 	Wednesday 20 th January 2021 Wednesday 24 th February 2021 Tuesday 18 th May 2021 Tuesday 22 nd June 2021	9.00am to 3.30pm	STARTS Upton Cross PL14 5AZ	Jen Nash Michelle Roberts	£475 for members £550 non-members	CLICK HERE
The Fun Fit programme - Is designed to improve a child's coordination and underlying postural stability and balance. It is delivered in school for 15 minutes ideally each day. Fun Fit is aimed at children exhibiting poor motor skills: eg difficulties with PE, tendencies to trip or bump into things, poor handwriting skills, problems with dressing, using cutlery, concentration and low self-esteem. Ideally the course is aimed at the SENCo or PE Subject leaders or TAs.	Wednesday 27 th January 2021	1.30pm to 4.30pm	Village Hall Coads Green Primary School PL15 7LY	Michelle Roberts and Steven Deacon	Free for members £50 for additional member places and non-members	CLICK HERE
Dance for the Terrified - an introduction to creating dance lessons in primary schools. This twilight session, led by Sarah Waller (Real Ideas Organisation) will demystify dance and reveal ways to work with children to create a half term's worth of fantastic choreography. Starting from scratch, developing cross curricular dance ideas and how to find great music.	Tuesday 9 th February 2021	1.30pm to 4.30pm	Village Hall Coads Green Primary School PL15 7LY	Sarah Waller	Free for members £50 for additional member places and non-members	CLICK HERE

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	Wednesday 10 th and Thursday 11 th March 2021	The Bishops C Of E Leaning Academy Newquay TR7 2SR	9.30am to 3.30pm	Michelle Roberts and Jenny Nash	£250 for members £350 for non-members	
	Wednesday 17 th and Thursday 18 th March 2021	Woodford Primary School, Plymouth PL7 4RR				

Summer Term

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Tennis LTA - The three-hour 'Primary School Teacher Training Course' has been developed to give non-PE specialist teachers the confidence and tools to deliver tennis to a class of children in a small space. The course demonstrates how, with smaller courts, nets and rackets and lower bouncing balls, mini tennis can offer the perfect introduction to the sport, with all the fun and energy of the real thing.	Wednesday 5 th May 2021	Village Hall Coads Green Primary School PL15 7LY	1.30pm to 4.30pm	Tom Wyman	Free	To Follow
Athletics - linked to SOW. This course aims to go through the basics of running, throwing and jumping, linked to the SOW with ideas for competition through the Quadkids event	Thursday 20 th May 2021	Village Hall Coads Green Primary School PL15 7LY	1.30pm to 4.30pm	Vicky Ham	Free for members £50 for additional member places and non-members	CLICK HERE
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	Wednesday 16 th and Thursday 17 th June 2021	STERTS Upton Cross PL14 5AZ				
Taking maths/literacy outdoors use of the racoon circles - The workshop will explore speaking and listening elements of the National Curriculum, using Raccoon Circles and BIG questions.	Tuesday 29 th June 2021	TBC	1.30pm to 4.30pm	Deb Lambert	Free for members £50 for additional member places and non-members	CLICK HERE

Please note: PE Funding can be used to support payment and supply cover for this course

Booking Policy

Invoices will be issued once a booking has been received, if you cancel or do not attend a booked course you will be charged as follows
(this only applies to courses over £50):

More than 30 days	No charge
Between 15 days and 30 days	30% of course fee
Between 7 days and 14 days	60% of course fee
Between 1 day and 6 days	Full course fee

The charges below only applies to free courses for SLA members and discounted courses for network members:

Whole Day Course	Half Day Course
Cancelled less than 7 days before £25	Cancelled less than 7 days before £15
No show £50	No show £25

These charges are applied to cover catering and administration costs