

## **Arena Bikeability Delivery Linked to Bikeability Trust Covid-19 Guidance (19<sup>th</sup> July 2021 V7)**

### **COVID-19 Operational Policy & Social Distancing**

Arena is committed to continuing to provide schools with the Bikeability programmes in these unprecedented times and in line with the new Bikeability Trust Delivery Guides during Covid-19. The Bikeability programmes will support schools and pupils with outdoor learning which has been recommended in the [latest DFE guidance to schools](#).

Arena acknowledges that social distancing for Primary age children and in particular Early Years will be harder to maintain. Arena Bikeability Instructors will implement the recommended measures as far as they are able, whilst ensuring children are kept safe and well cared for. Social distancing guidelines when working with people from different households: 2m or 1m plus mitigations (such as face coverings or avoiding face2face contact) where 2m is not possible. Avoid shouting – close to people.

Arena Bikeability Instructors will work with school staff and care for children as normal, although increasing the frequency of their handwashing during the programme. Arena Bikeability Instructors will work with classes of children following the Bikeability Delivery guidance and the schools' policies. All Bikeability programmes will take place outdoors and will require a member of staff from the school to assist with the support of the Bikeability Instructor. In the event of an outbreak of Covid in a school Arena staff will work with a class bubble.

Bikeability Instructors will advise the donning of helmets and checking of pupils own bikes with the support of the school member of staff.

In the event of an outbreak as much as possible, Bikeability Instructors will prevent the sharing of equipment. Equipment where appropriate will be cleaned and disinfected more frequently.

### **Arrivals and Departures at the School.**

Arrivals and departures at a school may be staggered post September 1<sup>st</sup> 2021. Therefore Arena Bikeability Instructors will adopt the following procedures:

- Arena Bikeability Instructors will check with the school in advance of the delivery of the sessions at what time they should arrive at the school, where it is appropriate to park and how they sign in. Staff will avoid unnecessary entrance to school buildings.
- Arena Bikeability Instructors will also check when and how they depart the school safely following a staggered departure at the end of school day. This may involve the use of a one way system which Arena Bikeability Instructors must be aware of prior to entering and leaving a school site.
- Arena Bikeability Instructors **MUST** wash their hands thoroughly at home before arrival at the school
- Arena Bikeability Instructors will also check in advance with schools when and if a face masks needs to be worn while inside the school.
- Arena Bikeability Instructors will ensure good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach.

## Response to any infection

In accordance with recent guidance Arena Bikeability Instructors will engage with the NHS Test and Trace process.

Arena Bikeability Instructors will be ready and willing to:

- provide details of anyone they have been in close contact with if they were to test positive for coronavirus (COVID-19) or if asked by NHS Test and Trace
- [self-isolate](#) if they test positive for coronavirus or are informed to self-isolate by test and trace.

If an Arena Bikeability Instructors displays symptoms of coronavirus (COVID-19) they will get a test. Staff have been informed that tests can be booked online through the NHS [testing and tracing for coronavirus](#) website, or ordered by telephone via NHS 119 for those without access to the internet. As essential workers they will have priority access to testing.

## Facial Coverings

Arena Bikeability Instructors will not be required to wear a face mask or facial covering while delivering a lesson in a primary school.

*The government guidance states that; it is not recommending universal use of face coverings in all schools. **In primary schools where social distancing is not possible in areas outside of classrooms between members of staff or visitors, for example in staffrooms, headteachers will have the discretion to decide whether to ask staff or visitors to wear, or agree to them wearing face coverings in these circumstances.***

Therefore Arena staff will wear a face mask within the school building if required to do so by the head teacher in line with the schools risk assessment.

Arena Bikeability Instructors may be required to wear a face mask if they are required to support a school member of staff with a symptomatic child or give first aid to a child. In this case the school should provide all necessary equipment for the member of staff. Arena Bikeability Instructors should ensure they are aware of the schools procedures in dealing with a symptomatic child and know where all PPE equipment is located.

*The guidance states that if a child develops coronavirus symptoms while at a setting, a “fluid-resistant surgical face mask should be worn by the supervising adult” and that “disposable gloves, a disposable apron and a fluid-resistant surgical face mask should be worn” during any contact with the symptomatic child.*

## Safe Wearing and Disposal of face masks

Arena Bikeability Instructors will ensure the safe wearing of face coverings which requires cleaning of hands before and after touching – including to remove or put them on – and the safe storage of them in individual, sealable plastic bags between uses. Where a face covering becomes damp, it should not be worn and the face covering should be replaced carefully.

## Safeguarding

With regards to safeguarding Arena will continue to follow the relevant school's guidance and the Arena safeguarding policy which can be found at [www.arena-schools.co.uk](http://www.arena-schools.co.uk), while always following the interests of children which must continue to come first.

If the School's DSL is not on site Arena Bikeability Instructors should ensure they know how to contact the relevant person should a disclosure be made.

Signs to look out for which may suggest that a child is being harmed or is at risk of harm include:

- unusual injuries, including bruises, burns, fractures, bite marks or signs of self-harm
- consistently poor hygiene, poor living conditions or inappropriate clothing
- communicating aggressively or using sexual language
- appearing withdrawn, guarded, anxious or frightened, particularly around certain individuals.

### **Staff Welfare**

- Arena Bikeability Instructors will pay particular attention to handwashing. Washing hands regularly with soap and water for 20 seconds, and after removing gloves, while cleaning.
- All Bikeability Instructors will have read and signed Arena's Covid 19 operating policy and risk assessment.
- Bikeability Instructors will wear disposable or washing-up gloves for cleaning and will follow the guidance for the cleaning of non- health care settings. <https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings>.
- All staff will engage with the NHS test and trace process
- Any members of staff who have helped someone with symptoms and any pupils who have been in close contact with them do not need to go home to self-isolate unless they develop symptoms themselves (in which case, they should arrange a test) or if the symptomatic person subsequently tests positive or they have been requested to do so by NHS Test and Trace.
- If staff are displaying symptoms prior to going into school or they become unwell at school with a new and persistent cough or a high temperature, or have a loss of or change in, their normal sense of taste or smell (anosmia), they must stay at home or go home and are advised to follow [guidance for households with possible or confirmed coronavirus \(COVID-19\) infection](#), which sets out that they should self-isolate for at least 10 days and should [arrange to have a test](#) to see if they have coronavirus (COVID-19).

### **First aid**

Arena Bikeability Instructors are all first aid trained and all hold an up to date qualification. If schools require support from Arena staff they will need to have masks, gloves and aprons available in the event that they are required to help someone in school. Arena Bikeability Instructors should establish with the school what role they will be required to have in relation to the delivery of first aid. Further guidance on first aid can be found at

- <https://www.hse.gov.uk/coronavirus/first-aid-and-medicals/first-aid-certificate-coronavirus.htm>
- <https://www.gov.uk/government/publications/actions-for-schools-during-the-coronavirus-outbreak/guidance-for-full-opening-schools>
- <https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings>.
- [www.gov.uk/guidance/coronavirus-covid-19-getting-tested](http://www.gov.uk/guidance/coronavirus-covid-19-getting-tested)

It will be constantly updated and reviewed as guidance changes.

If you have any questions relating to this guidance please contact Michelle Roberts Director of Arena – [mroberts@callingtoncc.net](mailto:mroberts@callingtoncc.net)

Ends (September 2021)

Review procedure – ongoing